

THE CITY OF PARMA STAFF & MAYOR TIM DEGEETER WELCOME YOU TO OUR ICE SKATING PROGRAMS AT THE MICHAEL A. RIES ICE RINK



PROGRAM DESCRIPTIONS

	Parma Residents	Seven Hills Residents	Non-Residents
TINY BLADES PROGRAM (SNOWPLOW SAM)	\$40.00	\$45.00	\$50.00
This program is designed for beginning skaters ages four, five, and six. They will learn how to skate forward, backward, and execute simple maneuvers. Skaters will have a half hour of instruction. Tiny Blades classes offer a combined system of ribbons and badges as incentives for skaters.			
LEARN TO SKATE (BASIC SKILLS 1 - 3)	\$40.00	\$45.00	\$50.00
ADVANCED LEARN TO SKATE (BASIC SKILLS 4 - 8 and FREE SKATE 1 - 6)	\$45.00	\$50.00	\$55.00
These programs will enable a child, age six and older, to achieve beginning through more advanced skating skills. Classes are designed to keep skaters enthusiastic while reaching their goals. Skaters must pass all Basic Skills elements before graduating to Free Skate.			
YOUNG BLADES/INTRO TO SYNCHRO & POWER & FIGURES	\$40.00	\$45.00	\$50.00
Is an intro to our junior club program, which may include but is not limited to elements from Basic 7/8 - Freestyle levels, power skating moves in the field, with some intro to synchronized skating and figures/edges. This is designed for advanced skaters as an extra time in addition to their regular lesson for practice. Also for skaters who have reached Freestyle levels but are not at the commitment level for Junior Club. These classes are meant to coincide with each other for the highest benefit to the skater.			
JUNIOR CLUB ACADEMY (Synchronized Skating Group - Beginner Competitive Levels)	\$50.00	\$55.00	\$60.00
This is an exclusive program that encompasses principals of advanced learn to skate with an intro into competitive figure skating. It also focuses on utilizing learned skills in more of a group environment with a strong emphasis on synchronized skating. This is designed for the more committed skater (in addition to their regular group or private lessons) as a transition into more serious aspects of the sport. Must have passed USFS moves in the field tests. The program director's approval and a small try-out are mandatory!			
ADULT LEARN TO SKATE (ADULT 1 - 4)	\$40.00	\$45.00	\$50.00
This program is designed for the beginning adult skater. Classes will promote physical fitness, and improve balance while learning proper skating techniques.			

CLASS SCHEDULES:

Wednesdays

4:30 pm - 5:00 pm (Young Blades)
5:00 pm - 6:00 pm (Jr. Club Academy)
6:15 pm - 6:45 pm (Tiny Blades)
6:45 pm - 7:15 pm (Learn to Skate/Adult)
7:15 p.m.-8:15 p.m. (Advanced Learn to Skate Show Team)

Fridays

4:15 pm - 4:45 pm (Learn to Skate/Intro to Figures)
4:45 pm - 5:15 pm (Tiny Blades/Adult LTS)
5:15 pm - 6:00 pm (Advanced LTS)
6:00 pm - 7:00 pm (Junior Club)

Saturdays

8:30 am - 9:00 am (LTS Practice Ice Session)
9:00 am - 9:30 am (Tiny Blades)
9:30 am - 10:00 am (Learn to Skate/Intro to Figures)
10:00 am - 10:45 am (Advanced Learn to Skate)

GENERAL GUIDELINES

1. Parma's Skating Program will be registered with the United States Figure Skating Association (USFSA). There is an optional USFSA fee per season and is encouraged when enrolling for your first class session. This is a yearly fee that covers each skater and a booklet to track progress is also included.
2. A handout explaining the USFSA guidelines and membership will be provided at the time of your first Skating